



Jesus took her
by the hand
and lifted
her up

MARK 1:31

February 4, 2024
Fifth Sunday after Epiphany
Bethany Lutheran Church (ELCA)

PRELUDE & LIGHTING OF CANDLES RINGING OF BELL

The people of God stand.

CONFESSION AND FORGIVENESS

In the name of the Father,
and of the ✠ Son,
and of the Holy Spirit.

Amen.

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord.

Amen.

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the ✠ Son, and of the Holy Spirit.

Amen.

Hymn *Open the Eyes of My Heart*

Chorus

Open the eyes of my heart Lord
open the eyes of my heart;
I want to see You,
I want to see You.

Verse

To see You high and lifted up,
shining in the light of Your glory.
Pour out Your power and love;
as we sing holy, holy, holy.

Chorus

Open the eyes of my heart Lord
open the eyes of my heart;
I want to see You,
I want to see You.

Verse

To see You high and lifted up,
shining in the light of Your glory.
Pour out Your power and love;
as we sing holy, holy, holy.

Bridge

Holy, holy, holy
Holy, holy, holy;
Holy, holy, holy,
I want to see You.

GREETING (*ELW p.184*)

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

PRAYER OF THE DAY

Let us pray.

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

Amen.

The people of God are seated.

WORD

God speaks to us in scripture reading, preaching, and song.

FIRST READING: Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

A reading from Isaiah.

²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? ²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.

²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The word of the Lord.

Thanks be to God.

PSALM 147:1-11, 20c

¹Hallelujah! How good it is to sing praises to our God!

How pleasant it is to honor God with praise!

²**The LORD rebuilds Jerusalem,
and gathers the exiles of Israel.**

³The LORD heals the brokenhearted
and binds up their wounds.

⁴**The LORD counts the number of the stars
and calls them all by their names.**

⁵Great is our LORD and mighty in power;
there is no limit to God's wisdom.

⁶**The LORD lifts up the lowly,
but casts the wicked to the ground.**
⁷Sing to the LORD with thanksgiving;
make music upon the harp to our God,
⁸**who covers the heavens with clouds
and prepares rain for the earth, making grass to grow upon the mountains.**
⁹God provides food for the cattle
and for the young ravens when they cry.
¹⁰**God is not impressed by the might of a horse,
and has no pleasure in the speed of a runner,**
¹¹but finds pleasure in those who fear the LORD,
in those who await God's steadfast love.
^{20c}**Hallelujah!**

SECOND READING: 1 Corinthians 9:16-23

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

A reading from First Corinthians.

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

The word of the Lord.

Thanks be to God.

The people of God stand.

GOSPEL ACCLAMATION (ELW p.188)



Al-le - lu - ia. Lord, to whom shall we go? You have the
 words of e - ter - nal life. Al-le - lu - ia.
 Al-le - lu - ia, al - le - lu - ia. Al-le - lu - ia.
 Al-le - lu - ia, al - le - lu - ia.

GOSPEL READING: Mark 1:29-39

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

The holy gospel according to Mark.

Glory to you, O Lord.

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The gospel of the Lord.

Praise to you, O Christ.

The people of God are seated.

SERMON

The people of God stand.

HYMN *Praise the One Who Breaks the Darkness (ELW 843)*



- 1 Praise the One who breaks the dark-ness with a lib - er - at - ing light;
- 2 Praise the One who blessed the chil - dren with a strong yet gen - tle word;
- 3 Praise the one true love in - car - nate: Christ, who suf - fered in our place;



praise the One who frees the pris - 'ners, turn - ing blind - ness in - to sight.
praise the One who drove out de - mons with a pierc - ing, two - edged sword.
Je - sus died and rose for man - y that we may know God by grace.



Praise the One who preached the gos - pel, heal - ing ev - 'ry dread dis - ease,
Praise the One who brings cool wa - ter to the des - ert's burn - ing sand;
Let us sing for joy and glad - ness, see - ing what our God has done.



calm - ing storms and feed - ing thou - sands with the ver - y bread of peace.
from this well comes liv - ing wa - ter quench - ing thirst in ev - 'ry land.
Praise the one re - deem - ing glo - ry; praise the One who makes us one.

Text: Rusty Edwards, b. 1955

Music: NETTLETON, J. Wyeth, *Repository of Sacred Music*, Part II, 1813

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APOSTLES' CREED

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen

PRAYERS OF INTERCESSION

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

Each petition ends with, "Lord, in your mercy." Those worshipping respond with the hymn below "O Lord Hear My Prayer" (ELW 751).

The image shows the musical score for the hymn "O Lord Hear My Prayer" (ELW 751). It is written for a two-part setting, likely Soprano and Alto, in G major (one sharp) and 4/4 time. The score consists of two systems. The first system has two staves: the top staff for the Soprano part and the bottom staff for the Alto part. The lyrics are: "O Lord, hear my prayer, O Lord, hear my prayer: when I call, an - swer me. or The Lord is my song, the Lord is my praise: all my hope comes from God." The second system also has two staves. The lyrics are: "O Lord, hear my prayer, O Lord, hear my prayer: come and lis - ten to me. The Lord is my song, the Lord is my praise: God, the well-spring of life." The music features a mix of eighth and quarter notes, with some rests. The key signature is G major, and the time signature is 4/4.

Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy, through Jesus Christ, our Savior.

Amen.

PEACE

The peace of Christ be with you always.

And also with you.

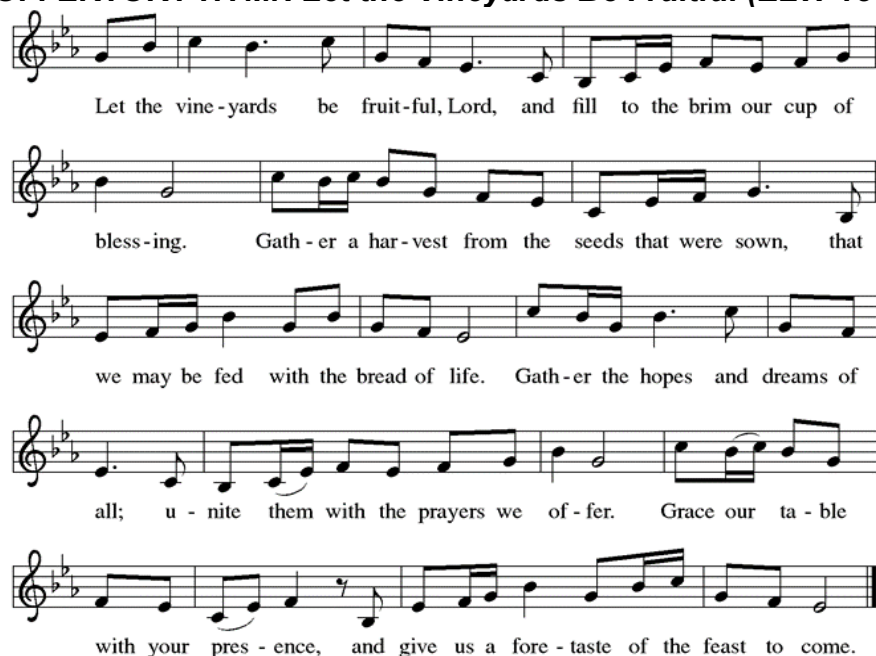
The people of God are seated.

OFFERING

We are grateful for your gifts as they are needed to continue the work of the church. For those worshipping online, options on ways to give are found on our website (www.wbbethany.org). Thank you! After the offering is gathered, we sing the hymn below as the gifts are brought forward.

The people of God stand.

OFFERTORY HYMN *Let the Vineyards Be Fruitful (ELW 184)*



Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of
bless-ing. Gath-er a har-vest from the seeds that were sown, that
we may be fed with the bread of life. Gath-er the hopes and dreams of
all; u-nite them with the prayers we of-fer. Grace our ta-ble
with your pres-ence, and give us a fore-taste of the feast to come.

OFFERING PRAYER

Let us pray.

God our provider, you have not fed us with bread alone, but with words of grace and life.

Bless us and these your gifts, which we receive from your bounty, through Jesus Christ our Lord. Amen.

MEAL

God feeds us with the presence of Jesus Christ.

GREAT THANKSGIVING *(ELW p.190)*

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

And so, with the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:



Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might,
heav-en and earth are full of your glo-ry, full of your glo-ry. Ho-
san-na, ho-san-na, ho-san-na in the high-
est. Bless-ed is he who comes in the name of the Lord. Ho-
san-na, ho-san-na, ho-san-na in the high-est.

WORDS OF INSTITUTION

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

LORD'S PRAYER (ELW p.191).

Lord, remember us in your kingdom and teach us to pray.

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,**

**as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The people of God are seated.

COMMUNION

Communion today will be distributed around the altar. The cups in the center of the tray contain white grape juice. All other cups are wine. Gluten-free wafers are available upon request. All gathered who believe Jesus Christ is their Lord and Savior are invited to come to Holy Communion with repentant hearts believing that Christ forgives our sins and guides our lives. Strengthened, forgiven, and nourished through this meal the Spirit sends us forth in service and to proclaim the good news of Christ's love. Children and adults who do not take communion may come forward for a blessing.

HYMNS DURING COMMUNION

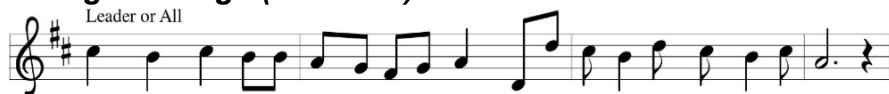
Lamb of God (ELW p.191)



Lamb of God, you take a-way the sin of the world; have
mer-cy on us. Lamb of God, you take a-way the sin of the
world; have mer-cy on us. Lamb of God, you take a-way the sin of the
world; grant us peace, grant us peace, Lamb of God.

On Eagles Wings (ELW 787)

Leader or All



1 You who dwell in the shel-ter of the Lord, who a-bide in this shad-ow for life,



say to the Lord: "My ref - uge, my rock in whom I trust!"

Refrain
All



And he will raise you up on ea-gle's wings, bear you on the breath of dawn,



make you to shine like the sun, and hold you in the palm of his hand.

Leader or All



2 The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring you no



fear; un-der God's wings your ref-uge, with faith-ful-ness your shield.

Leader or All



3 You need not fear the ter-ror of the night, nor the ar-row that flies by

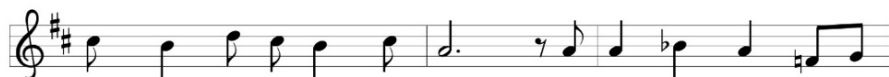


day; though thou-sands fall a - bout you, near you it shall not come.

Leader or All



4 For to the an-gels God's giv-en a com-mand to



guard you in all of your ways; up - on their hands they will



bear you up, lest you dash your foot a - gainst a stone.

Final refrain on next page.

Final refrain
All



And he will raise you up on ea-gle's wings, bear you on the breath of dawn,
make you to shine like the sun, and hold you in the palm of his hand.
And hold you, hold you in the palm of his hand.

Text: Michael Joncas, b. 1957
Music: ON EAGLE'S WINGS, Michael Joncas
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In the Singing (ELW 466)



1 In the sing-ing, in the si-lence, in the hands ex-pect-ant, o-pen,
2 In the ques-tion, in the an-swer, in the mo-ment of ac-cept-ance,
in the bless-ing, in the break-ing, in your pres-ence at this ta-ble,
in the heart's cry, in the heal-ing, in the cir-cle of your peo-ple,
Refrain
Je-sus Christ, Je-sus Christ, be the wine of grace;
Je-sus Christ, Je-sus Christ, be the bread of peace.

Text: Shirley Erena Murray, b. 1931
Music: BREAD OF PEACE, Carlton R. Young, b. 1926
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The people of God stand.

PRAYER

Let us pray.

O God, we give you thanks that you have set before us this feast, the body and blood of your Son. By your Spirit strengthen us to serve all in need and to give ourselves away as bread for the hungry, through Jesus Christ our Lord.

Amen.

SENDING

God blesses us and sends us in mission to the world.

BLESSING

The Lord bless you and keep you.

The Lord's face shine on you with grace and mercy.

The Lord look upon you with favor and ✝ give you peace.

Amen.

HYMM *I'm So Glad Jesus Lifted Me (ELW 860)*



1 I'm so glad I'm so glad
2 Sa - tan had me bound, Je - sus lift - ed me. Sa - tan had me bound,
3 When I was in trou - ble, When I was in trou - ble,



Je - sus lift - ed me. I'm so glad
Sa - tan had me bound, Je - sus lift - ed me,
When I was in trou - ble,



sing - ing glo - ry, hal - le - lu - jah! Je - sus lift - ed me.

SENDING

Go in peace. Share the good news.

Thanks be to God.

POSTLUDE

Please join us in the fellowship hall for coffee and refreshments.

OUR WORSHIP ASSISTANTS

Ministers of:	Today	February 11
Music	Jill Barnhart	Jill Barnhart
Proclamation (Lector)	Phil Hougen	Mike Fryauf
Minister of Technology	Jill Taylor	Cole Crosthwaite & Tate Frantz
Ministers of Hospitality	Anne & Jamie Fetzer	Wayne Frauenholtz
Worship (Altar Care)	Cindy Knoop	Cindy Knoop

This worship is being streamed live via Facebook and will be posted to our Website and X (formerly Twitter). The camera captures anyone in the first few pews of our worship space and beyond extending to the altar.



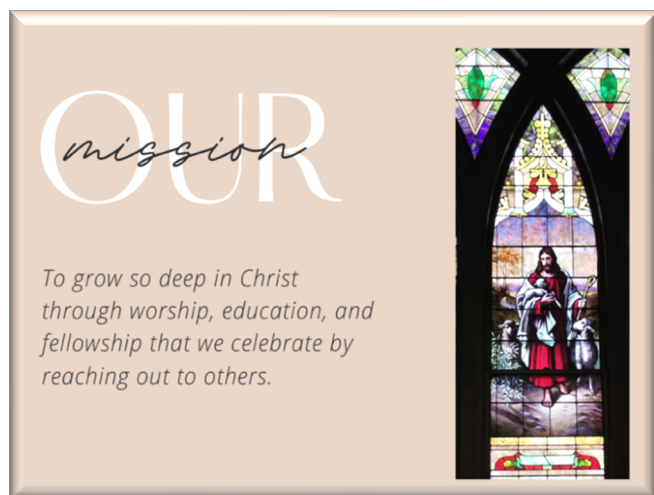
Thank you for worshipping with us today. Just as Jesus welcomed the stranger, we believe all are welcome here. Please join us again next week. For more information about our life together in Christ, visit: www.wbbethany.org

Land Acknowledgement

Bethany Lutheran is located in the original and ancestral homelands of the Iowa, Sauk, Fox, Kickapoo and Ojibwe peoples, and we give thanks for their presence here since time immemorial. We also wish to recognize and honor all our Indigenous siblings who have and continue to call this land their home.

Choir News

The choir will resume rehearsal
Wednesday February 7th at 6:15 PM.



Stay up to date with happenings from around the Southeastern Iowa Synod by signing up for the weekly E-News. Visit: <https://seiasynod.org/follow-us/>



Southeastern Iowa Synod
Evangelical Lutheran Church in America
 God's work. Our hands.

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