

John 6:21-35
August 1, 2021

No formal sermon was written for today. Feel free to watch the sermon on our website.

With that said, I was struck with just how much Jesus knows us. He knows we need physical sustenance such as the food he provided to the crowds last week in the feeding by the sea. But he also knows there is so much more and that he alone is the nourishment that lasts forever. It's a relationship with him. A relationship in which Eugene Peterson's translation of the Bible, *The Message*, reminds us Jesus says, "I hold on and don't let go." Jesus knows everything we bring: insecurities, limitations, doubts, guilts, pains, struggles, etc. He knows this because he knows us. He knows when we might not be able to see his presence before our eyes or when we ask for one more sign. He knows everything and he still extends the invitation to come for he is the "Bread of Life." He is love. He is our hope. He is our friend. He is the one who can give only that which will not perish. You are loved!