## John 6:56-69 (NSRV)

[Jesus said,] 56"Those who eat my flesh and drink my blood abide in me, and I in them. 57Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. 58This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." 59He said these things while he was teaching in the synagogue at Capernaum.

60When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" 61But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? 62Then what if you were to see the Son of Man ascending to where he was before? 63It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. 64But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. 65And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father."

66Because of this many of his disciples turned back and no longer went about with him. 67So Jesus asked the twelve, "Do you also wish to go away?" 68Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. 69We have come to believe and know that you are the Holy One of God."

## Prayer of Day—

Holy God, your word feeds your people with life that is eternal. Direct our choices and preserve us in your truth, that, renouncing what is false and evil, we may live in you, through your Son, Jesus Christ, our Savior and Lord.

Amen.

## **Zoom Invite Information**

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Meeting ID: 841 9043 8078

**Password: 375859** 

## John 6:56-69 (The Message)

53-58 But Jesus didn't give an inch. "Only insofar as you eat and drink flesh and blood, the flesh and blood of the Son of Man, do you have life within you. The one who brings a hearty appetite to this eating and drinking has eternal life and will be fit and ready for the Final Day. My flesh is real food and my blood is real drink. By eating my flesh and drinking my blood you enter into me and I into you. In the same way that the fully alive Father sent me here and I live because of him, so the one who makes a meal of me lives because of me. This is the Bread from heaven. Your ancestors ate bread and later died. Whoever eats this Bread will live always." 59 He said these things while teaching in the meeting place in Capernaum.

Too Tough to Swallow

60 Many among his disciples heard this and said, "This is tough teaching, too tough to swallow."

61-65 Jesus sensed that his disciples were having a hard time with this and said, "Does this rattle you completely? What would happen if you saw the Son of Man ascending to where he came from? The Spirit can make life. Sheer muscle and willpower don't make anything happen. Every word I've spoken to you is a Spiritword, and so it is life-making. But some of you are resisting, refusing to have any part in this." (Jesus knew from the start that some weren't going to risk themselves with him. He knew also who would betray him.) He went on to say, "This is why I told you earlier that no one is capable of coming to me on his own. You get to me only as a gift from the Father." 66-67 After this, many of his disciples left. They

no longer wanted to be associated with him.

Then Jesus gave the Twelve their chance: "Do you also want to leave?"

68-69 Peter replied, "Master, to whom would we go? You have the words of real life, eternal life. We've already committed ourselves, confident that you are the Holy One of God."

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