

Lent Devotion on Healing

February 24, 2021

By Pastor Chad Whaley

But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you..." - Exodus 3:11-12 (NRSV)

The Wednesdays of Lent will offer a short prayer service of healing. Each week a devotion, prepared by an individual from our congregation, will be sent out based on the theme of healing. We know the healing God offers comes in many different ways. Indeed Jesus physically healed many individuals but his healing also came through returning many back into community, offering forgiveness, assuring them of their place in the kingdom of God, freeing them from undo burdens that may be upon their shoulders, and of course offering salvation through the way of the cross and empty tomb. Healing comes via the way of spiritual, mental, physical, emotional, etc. May the healing touch of Christ be upon you these 40 days of Lent!

I chose the above passage, because the call story of Moses has always brought me such great comfort. It truly has been a soothing balm for the many times over the course of my life I have wondered, "Who am I?" Believe it or not, self-doubt has accompanied me much of my adult life. Upon discerning the Spirit's call to seminary the question, "Who am I?" seemed to plague me daily. Who am I that God would use me in this unique role within Christ's church? Thoughts of inadequacy, fear, and doubt were common place and at times, continue yet today to surface and hold me back from being whom God created.

The great prophet Moses experienced similar thoughts. In fact, in chapter 4 he will tell God he is not an eloquent speaker and there is no way anyone will listen to him; especially Pharaoh. He even pleads with God to send someone else. That is when God responds by providing a partner, his brother Aaron to accompany him.

I cannot count how many times this story has reassured me I am not alone. God has sent faithful people, like all of you, to accompany me in my ministry. Every time I ask, "Who am I?" the Spirit responds with, "You are mine." There is a song by the Casting Crowns called "Who am I" that has also provided the healing assurance from God that I am good enough; because of who God is and what God has done through Jesus. The word of God continues daily to bring my soul healing.

Reflection Questions

- Who has been one person that has accompanied you in your journey of faith assuring you that you are not alone?
- How did they do that?
- What healing did that offer you?

Prayer

Lord, thank you for your healing touch in my life over the years. You know every part of me. You know my fears, worries, struggles, joys, thanksgivings, and highs. Each and every day, bring healing and wholeness to those places in my heart, mind and soul that need refreshed, renewed, and soothed by your healing balm. In the name of Jesus, I pray. Amen.