

### Homeless Shelter

Shelter House: 319-351-0326

[www.sheltherhouseiowa.org](http://www.sheltherhouseiowa.org)

### Senior Services

Elder Services: 319-338-0515

[www.elderservicesinc.com](http://www.elderservicesinc.com)

Senior Health Insurance Information Program:

800-351-4664

[www.therightcalliowa.gov](http://www.therightcalliowa.gov)

Medicare: 800-633-4227

[www.medicare.gov](http://www.medicare.gov)

### Housing/Utilities Bill Issues

Community Action of Eastern Iowa (Utilities, clothing, A/C units in summer)

Tipton: 800-920-3191 or 563-886-3191

Muscatine: 866-263-9290 or 563-263-9290

[www.iacomunityaction.org](http://www.iacomunityaction.org)

Johnson County HACAP (Hawkeye Area Community Action Program): 319-337-5765

[www.hacap.org](http://www.hacap.org)

Section 8 Housing/HUD Office

Iowa City: 319-887-6065

Cedar County Relief Office (Rental Assistance)  
563-886-2170

Iowa Rental Help: 877-386-9104 or 319-393-7811

### Transportation

River Bend Transit

563-386-1350 or 800-292-8959

[www.riverbendtransit.org](http://www.riverbendtransit.org)

*(Provide low-cost, quality transportation services with emphases on serving specialized needs of elderly and people with disabilities)*

Volunteer Services of Cedar County

563-886-6076

### Mental Health Issues and Counseling Services

*(Most offer free or reduced cost services)*

Cedar County Community Services

563-886-3955

Community Mental Health Center for Mid-Eastern Iowa

Tipton Office: 563-886-2405

Iowa City Office: 319-338-7884

[www.communitymentalhealthcenter.org](http://www.communitymentalhealthcenter.org)

Families Inc., West Branch: 643-2532

Community Pastoral Counseling, Iowa City:  
319-337-2519

### Hospice Services

Iowa City Hospice: 800-897-3052

[www.iowacityhospice.org](http://www.iowacityhospice.org)

*(Offers many free resources assisting families with grief and the dying process)*

Mercy Hospice Care: 319-339-0300

### Youth and Family Services

Teen Line: 800-443-8336

[www.extension.iastate.edu/teenline/](http://www.extension.iastate.edu/teenline/)

*(Information and referral for Iowa Teens on a variety of topics)*

National Runaway Safeline: 800-621-4000

[www.1800runaway.org](http://www.1800runaway.org)

*(Provides confidential information, referral, and counseling services to runaway and homeless youth, youth in crisis, and families)*

Boys Town National Hotline: 800-448-3000

[www.boystown.org/hotline/](http://www.boystown.org/hotline/)

*(Hotline assisting teens, parents, and families on the brink of disaster)*

Iowa Healthy Families Line: 800-369-2229

[www.idph.state.ia.us](http://www.idph.state.ia.us)

*(Provides information on maternal, child and family planning services)*

ARC of Southeast Iowa: 319-351-5017

[www.thearcjc.org](http://www.thearcjc.org)

*(Serving people with developmental disabilities)*

Kirkwood Skills to Employment: 319-354-2272

[www.kirkwood.edu/skillstoemployment](http://www.kirkwood.edu/skillstoemployment)

*(On-the-job training while earning wages)*

Lutheran Services in Iowa

563-263-5170

[www.lsiowa.org](http://www.lsiowa.org)

*(Provide a variety of services for children and teens who are at risk or dealing with mental health issues)*

Iowa State Extension Offices

Cedar County, Tipton, 563-886-6157

[www.extension.iastate.edu/cedar/](http://www.extension.iastate.edu/cedar/)

Johnson County, Iowa City, 319-337-2145

[www.extension.iastate.edu/johnson/](http://www.extension.iastate.edu/johnson/)

Iowa Childcare Resource and Referral  
855-244-5301

[www.iowaccrr.org](http://www.iowaccrr.org)

*(Assists families & communities with childcare needs)*

### Other Helpful Resources

Iowa 211 (Dial 2-1-1)

[www.211.org](http://www.211.org)

*(Offers referrals for locating a variety of social services)*

Crisis Counseling: 800-332-4224

*(Offers 24/7 crisis counseling, suicide intervention, and crisis intervention services statewide. A crisis is any stress or pressure which has become too great to deal with alone)*

Cedar, Muscatine, & Louisa County Resource Website

*(An online directory of resources and nonprofit agencies)*

<http://lmresources.org>

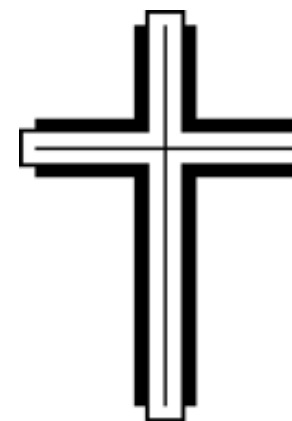
### West Branch Useful Numbers

Library: 643-2633

City Offices: 643-5888

Police Department: 643-2222

## Guide to Local Resources and Service Agencies



Provided by the  
West Branch Area  
Religious Council  
(WBARC)

# Guide to Local Resources and Service Agencies

Greetings! This Resource Guide has been prepared by the area churches, which make up the West Branch Area Religious Council (WBARC). We hope you find this guide of value. The agencies and services found in this guide are in no way affiliated with or endorsed by WBARC but have been assembled as potential avenues and outlets to provide assistance in a variety of areas. The churches of WBARC are:

Bethany Lutheran Church (ELCA)  
235 S. 2nd St.  
West Branch, Iowa 52358  
319-643-5998

Springdale United Methodist Church  
554 290th  
Springdale, Iowa 52358  
319-929-8716

St. Bernadette's Catholic Church  
507 E. Orange St.  
West Branch, Iowa 52358  
319-310-3814

West Branch Friends Church  
116 N. Downey St.  
West Branch, Iowa 52358  
319-643-5598

West Branch Friends Meeting Conservative  
317 N. 6th St.  
West Branch, Iowa 52358  
319-643-5949

West Branch United Methodist Church  
113 N. Downey St.  
West Branch, Iowa 52358  
319-643-5489

## Child Abuse Reporting

800-362-2178 or 563-263-9302 (Cedar County Served by Muscatine County Office)

## Iowa Sexual Abuse Hotline

800-284-7821 (24 Hours)

## Department of Human Services

Johnson County: 319-356-6050

Muscatine (Serves Cedar County): 877-272-0614

(Good place to start for a variety of services including food assistance programs)

Iowa Department of Human Services

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

(Website provides useful information on services, office locations, local childcare providers, and more)

## Substance Abuse Issues

Prelude Behavioral Services Iowa City: 319-351-4357

[www.preludeiowa.org](http://www.preludeiowa.org)

Narcotics Anonymous: 319-338-6704

Iowa Drug and Alcohol Helpline: 866-242-4111

Alcoholics Anonymous (AA) Iowa City

319-338-9111 (24 Hour Hotline)

[www.aa-ic.org](http://www.aa-ic.org)

## Veteran's Hospital

319-338-0581

[www.iowacity.va.gov](http://www.iowacity.va.gov)

## Crisis Center and Food Bank

Iowa City: 319-351-0140

[www.jccrisiscenter.org](http://www.jccrisiscenter.org)

## West Branch Food Pantry and Clothing Closet

319-359-7834 or 643-2010

Community Hope Chest Located at Bethany Lutheran Church; 235 S. 2<sup>nd</sup> St., 643-5998

(Provides clothing for all ages)

## Statewide Disability Services

Iowa Compass: 800-779-2001

(Information and referral for Iowans with disabilities and their families)

## Rape Victim Advocacy Program

Iowa City: 319-335-6000 (24 hr.)

[www.rvap.uiowa.edu](http://www.rvap.uiowa.edu)

## Smoking Cessation

Quitline Iowa: 800-784-8669

[www.quitlineiowa.org](http://www.quitlineiowa.org)

## Gambling Problems

800-238-7633

## Financial Issues

Consumer Credit of Des Moines: 800-955-5765

[www.consumercredit-dm.com](http://www.consumercredit-dm.com)

## Poison Control

Iowa Statewide Poison Control Center: 800-222-1222

## Domestic Violence

Domestic Violence Intervention Program (DVIP)

Iowa City: 319-351-1043

[www.dvipiowa.org](http://www.dvipiowa.org)

Iowa Coalition Against Domestic Violence

800-942-0333

[www.icadv.org](http://www.icadv.org)

Iowa Domestic Violence Helpline: 800-770-1650

[www.survivorshelpline.org](http://www.survivorshelpline.org)

## Medical Information

Hawk-i: 800-257-8563

[www.hawk-i.org](http://www.hawk-i.org)

(Provides free or low-cost health insurance to kids under 19)

Free Medical and Income-Based Clinic

2440 Towncrest Drive, Iowa City

319-337-4459

University of Iowa Quick Care Walk-in Clinic

Old Capitol Mall, Iowa City, Iowa

319-384-0520

(\$59.00 flat fee for office visit)

Mercy, Iowa City, Iowa

319-339-0300

(Pre-school physicals, ask at clinic for financial assistance)

\*Contact DHS or Public Health for other Free Clinic locations

Cedar County Public Health Office

Tipton: 563-886-2226

[www.cedarcountypublichealth.org](http://www.cedarcountypublichealth.org)

(Offer a variety of services and resources)

## Suicide Hotline

National Suicide Prevention Hotline: 800-273-8255

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

YourLifeIowa: Call (24/7) 855-581-8111, Text 855-895-8398 (2 pm-10 pm), or chat online

[www.yourlifeiowa.org](http://www.yourlifeiowa.org)

(Many resources online pertaining to suicide and bullying)

## Salvation Army

Iowa City: 319-337-3725

[www.icsalvationarmy.org](http://www.icsalvationarmy.org)

(Provides meals, vouchers for gas, clothes, bus tickets, etc.)